

	Calories	Fat	Carbs	Fiber	Sugars	Protein	Vita A*	Vita C*	Calcium*
40 Second Wonder Wrap	587	22g	62g	8g	2g	31g	78%	121%	45%
Caesar Salad	297	22g	26g	2g	3g	18g	110%	38%	19%
Caesar Wrap	615	30g	57g	8g	4g	32g	110%	38%	44%
California Dreamin' Salad	326	12g	36g	4g	14g	23g	325%	127%	17%
California Dreamin' Wrap	616	19g	86g	10g	14g	32	295%	117%	42%
Chicken Bacon Ranch Salad	361	20g	24g	3g	5g	23g	155%	37%	19%
Chicken Bacon Ranch Wrap	599	27g	74g	9g	5g	32g	135%	17%	44%
Chicken Feta Wrap	635	14g	62g	8g	5g	47g	145%	149%	63%
Chicken Parm Panini	674	25g	67g	3g	6g	45g	18%	1065	48%
Chicken Pesto Panini	581	19g	69g	7g	4g	44g	53%	124%	53%
Chicken Supreme Panini	512	11g	62g	2g	4g	40g	10%	2%	23%
Cold Buffalo Salad	264	11g	15g	3g	2g	22g	166%	35%	18%
Cold Buffalo Wrap	554	18g	65g	9g	2g	31g	136%	25%	43%
Egg Wrap (no meat)	659	28g	53g	6g	4g	28g	17%	2%	44%
Fiesta Chicken Salad	372	17g	34g	7g	7g	38g	175%	17%	23%
Fiesta Chicken Wrap	590	22g	62g	12g	6g	46g	135%	16%	47%
Ham & Cheese Panini	645	23g	67g	2g	4g	38g	6%	36%	37%
Hot Buffalo Wrap	544	18g	63g	7g	1g	30g	58%	11%	43%
Italian Wrap	644	33g	56g	7g	2g	33g	38%	62%	59%
Peanut Butter Crunch Wrap	998	28g	169g	16g	64g	27g	25%	19%	38%
Pizza Wrap	621	25g	62g	8g	7g	38g	16%	33%	68%
Totally Turkey Salad	307	19g	22g	4g	15g	14g	143%	62%	8%
Totally Turkey Wrap	571	25g	68g	9g	11g	22g	115%	55%	31%
Turkey Club Panini	620	36g	40g	6g	8g	48g	37%	45%	60%
Turkey Supreme Wrap	612	30g	61g	7g	5g	29g	56%	139%	61%

The values here may not be 100% accurate because the recipes have not been professionally evaluated. Please note that these nutritional values are estimated based on our standard serving options. Variation in serving sizes, preparation techniques, product testing and sources of supply, as well as regional and seasonal differences may effect the nutrition value for each product. * The Percent Daily Values are based on a 2,000 calorie diet.